

CONTENTS

Introduction to Psychopomp	6	End Karmic Cycle	27
What is Psychopomp?	6	Clear Ancestral Trauma.....	27
PSYCHOPOMP • DEPOSSESSION • EXORCISM .	7	Eradicate Species Manipulation	27
Spiritist Perspective.....	8	Soulless Entities.....	27
Psychopomp Requirements & Skills	9		
Psychopomp Qualities	10	EGREORES	28
Dimensions and the Chakra	11	Tulpas and Tulkus.....	29
DIMENSIONS	11	Removing Egregores & Tulpas.....	30
First Dimension	11	Releasing Oneself From Egregor & Tulpa.....	30
Second Dimension.....	11		
Third Dimension.....	12	SPIRIT CLASSIFICATION	31
Fourth Dimension	12	High Vibrational Spirits.....	31
Fifth Dimension.....	12	Compassionate Spirits	31
Sixth Dimension	13	Lower Vibrational Spirits.....	32
Seventh Dimension	13	Attributes of Lower Vibrational Spirits	32
Eighth Dimension	14	Noisy Spirit or Poltergeist	32
Ninth Dimension	14	Poltergeist Activities	33
Planes Versus Dimensions	14	They Were Human Before	34
Space, Time & Limbo	14	Congregating By Themes.....	34
Beliefs Systems	15		
God and the After Life	16	COMMUNICATION WITH SPIRITS	35
Resurrection vs Reincarnation	19	Channeling Discarnate Being.....	35
Reincarnation and Twin Flames.....	20	Psychopomp Communication	36
The Realm of the Soul.....	20	Telepathic Communication	36
Death and Consensus Reality	21	Oral Communication.....	37
Heaven and Hell	21	Ideomotor Communication	37
What Are Spirits	22	Recording the Psychopomp Session.....	37
Journey Back to the Soul	23	Yoga Nidra Relaxation	38
No Rupture in Consciousness.....	23	Breathing Relaxation.....	38
Karma.....	24	The Law of Resonance & Attraction	39
Akasha : Cause and Effects	25	Vibrational Attraction & Spirit Manipulation	39
Akashic Records and Readings	25	Group Consciousness Thoughts & Emotions.....	40
WHY IS PSYCHOPOMP NEEDED?	26	Resonant Anchor	40
Safe Passage to the After-life	26	Dissonant Attachments.....	40
Reconnection to the Soul	26	Resonance in Channeling	41
Stop Interference with life purpose	26		
Prevent Depletion	26	THOSE AT RISKS OF ATTACHMENTS	41
Heal Personality Disorder.....	26	Survivors of Tragedy	41
		Addiction Attractor	41
		Alcoholism.....	42
		Addiction	42
		Smoking Addiction	42

Food Addiction	42	Psychopomp Spirit guides	55
Sexual Contradiction	43	Angels and Archangels.....	55
Loss of Conscious Awareness	43	In Europe & Middle East	55
Coma and Anesthesia	43	In Asia	57
Intruder Syndrome.....	44	Africa and the Caribbean	57
Energy Vampires	44	Nature and Animal	58
Revenge	44		
Children as Victims.....	45		
ATTACHMENT TYPES	45	MEET PSYCHOPOMP GUIDE	58
Children.....	45		
Emotional Anchor	45	PREPARING BEFORE PSYCHOPOMP	58
Interest Anchor.....	45	Exercise 1: Spirit identification	59
Past Life Resonance.....	46	Clearing space after psychopomp.....	59
Earth Bound Spirits	46		
Psychopomp in and old home	47	THE PRACTICE OF DYING	59
Slave Spirits.....	47	Shamanic Small death	59
		Past Life Choice.....	59
SPIRIT INFLUENCE	48	Visualization for Shamanic Small Death.....	59
Places at Risk of Haunting.....	48	Removing Past Life Trauma	60
Spirits Becoming Active.....	48	Yogic Small Death.....	60
Most Vulnerable	48		
SYMPTOMS OF ATTACHMENTS	49	DOULAS	61
Self-Sabotage	49	Death Doula	61
Voices	49	Psychopomp Doula	61
Low Self Esteem	49	Return To The Whole.....	63
Low Energy.....	49	Becoming a Psychopomp Doula.....	63
Nightly Visits	49	Death in Hospital	64
Personality Change	49	Educating Others About attachments.....	64
Health Changes.....	50	Psychopomp Preparation	64
Walk-in or Take-Over	50	Psychopomp for the Dying.....	64
Change in Gender Preference	50	Before Transition	65
Past Life Entanglements	51	Chakra Unwinding.....	65
Viewing a Past Life is Not Enough	51	Psychopomp The Dying Process	66
Helping Spirit	52	Honoring the Departed	67
STAYING CLEAR OF ATTACHMENTS	52	RITUALS	67
Protection	52	Cleansing Ritual	67
Obvious Don't!	53	Bon Voyage Ceremony	68
EFFECTS OF PSYCHOPOMP	53	Cathartic Art	69
Side Effects of Psychopomp	54	Love Ritual	69
Support After Psychopomp	54	Flower Ceremony.....	69
Love Is All You Need.....	54	Remembrance Ceremony	70
PRACTICING PSYCHOPOMP	55	Peace Ritual	70
		Moving Forward Ritual	70
		GROUP PSYCHOPOMP	71
		Group Procedure.....	71
		Mass Psychopomp.....	72

The Pain Wave.....	73	PSYCHOPOMP FOR HAUNTINGS	88
Willful Psychopomp.....	74	Live Clearing Space	88
Psychopomp Clearing	74	Live Psychopomp	89
Unexpected Encounters	75	Remote Clearing Space	90
Egregor's Extraction.....	76	Remote Psychopomp	90
Ancestral Egregor	76	Psychopomp in Therapy.....	90
INDIVIDUAL PSYCHOPOMP	79	Ethic to Clear Space.....	91
Shamanic Psychopomp.....	79	Psychopomp Hygiene.....	91
Practice Shamanic Psychopomp	79	Psychopomp Ethics	91
Common To All Techniques	79	PROOF OF SPIRIT	92-94
EM Treatment Psychopomp	79	CO-CREATING REALITY	95
Energetic Psychopomp.....	81	Experience Creates Reality	95
Remembering the Light	82	Spirits Are Us.....	96
Arguments of Release	82	Your Truth Is Always Correct	96
Fear	84	Karmic Responsibility	96
Unexplained Ailments	86	Following Your Path.....	97
Clearing Attachment	86	Work Of The Worm.....	98
Auric Field Restructuring.....	87	SELECTED BIBLIOGRAPHY	99
Closing the Vortex	87	Online Student Course Resources	IEMInstitute.org
Let It Rest For 3 Days.....	87		

INTRODUCTION

This Psychopomp course and manual is intended for IEMI students with 155-hour Reiki, Energy Medicine and Shamanic Healing training and associated personal practice.

The course first addresses the historical and cultural understanding of spirits and spirit attachments and respective treatments. After looking at the Psychopomp practitioner's skills and requirements, we focus on the nature of the spirit world, in relation to dimensions and states of consciousness, beliefs system and concepts of reincarnation, karma, the afterlife and diverse aspects of the realm of the soul including our contemporary views and treatment of attachment as a personality disorder.

The discussion then brings us to the influences of thought forms as tulpas and egregores some hidden in ancestral vows and contracts; and the manner of disposing of such thought forms.

Spirit classification and communication with spirits set the stage for the hands-on part of the class. We take in consideration then the ability of the client, for the practitioner to choose the appropriate psychopomp techniques that are practiced in this course.

Learning to identify the presence of a spirit in someone or in a location brings us to explore the law of resonance and attraction as well as partnership with high vibrational helpers.

The practice of psychopomp starts with preparation and protection and is followed by assisting the dying in their transition with an understanding of the dying process. Personal practices of the death process are presented followed by exercises to for the Death and Psychopomp Doula including energetic hands-on healing and rituals to help not only the dying but their loved ones.

We continue the practice of Psychopomp for groups and individual; Psychopomp for hauntings and space clearing is next. We conclude with Psychopomp hygiene, ethics and personal experiences as well as a proof of spirit pictorial, and end with advice to follow your own path.

Follow the call, Be a Professional



Energy Medicine Practitioner

LIVE IN-PERSON TRAINING VIA ZOOM OR ON-SITE

Integrate Eastern Medicine with Science Principles

in a cohesive body of knowledge & wisdom

anchored in proven hands-on healing methods



Integrative Energy Medicine Institute



Taught by IEMI founder, IEM Practitioner/Teacher Chantal Guillou-Brennan. The Integrative Energy Medicine Institute's program is based on a lifetime of personal experiences and extensive training in various modalities. Each class includes a detailed illustrated manual and support files that help students practice with confidence and professionalism and teach what they learn. Our aspiration is for students to surpass the teacher to become future teachers.

IEMInstitute.org • CGB@IntegrativeEnergyMedicine.com